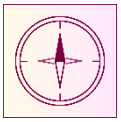
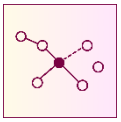
: von Schumann
Coaching & Consulting

CAREER DESIGN: THE 5 SESSIONS



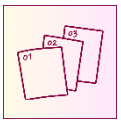
1. CURRENT POSITION & COMPASS

Where am I today, and what should play a greater role in my next career phase? Workview and Lifeview, values, interests, strengths, experiences, and sources of energy help you recalibrate your personal compass.



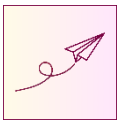
2. DISCOVERING PATTERNS & POSSIBILITIES

What gives me energy? When do I experience flow? Which topics and activities draw me in time and again? Reflecting on past experiences opens up new perspectives on possible directions.



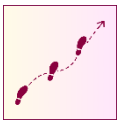
3. THREE POSSIBLE FUTURES

Instead of designing a single "right" career plan, develop three different, attractive visions of the future. This broadens the range of possibilities and shifts your focus away from hasty "either/or" decisions.



4. EXPLORE & EXPERIMENT

Possible futures aren't just evaluated in your head. Through conversations, encounters, and small experiments, you gain real-world experiences and new insights—all before making far-reaching decisions.



5. DIRECTION & NEXT STEPS

What have I learned about myself and my possibilities? Which direction do I want to pursue? These insights lead to concrete, achievable next steps.

CAREER DESIGN ONLINE COHORT 2027

- Start: January 14, 2027, 6:00–7:30 p.m.
- Online · 5 sessions · every two weeks · 6:00–7:30 p.m.
- Online · 5 Termine · 14-tägig · 18:00 – 19:30 Uhr

CAREER DESIGN SMALL GROUPS – START ANYTIME

- **5 sessions – online or in person**
- **3–4 participants**
- **€790 plus VAT per person**

ALSO AVAILABLE AS AN INTENSIVE 5-WEEK FORMAT

The small-group setting combines personal exchange with focused work on your own career situation. Participants decide for themselves how deeply they want to engage with the process.

CAREER DESIGN ONE-ON-ONE COACHING

- Online or in-person · 5 coaching sessions · Dates by appointment
- Cost: €1,425 plus VAT